Matthew 7:1-7
Look at Yourself First
Sermon Notes

Matthew 7:1—Do Not Judge
*This verse, combined with Jesus' words in John 7:24, shows us that we are not to have judgmental, condemning spirits, we need God's grace too.
*We will all stand before God's judgement seat (Ro 14:10).

Matthew 7:2—The Measure We Use
*Do you demand justice, while asking for mercy? (Mt 6:14-15)
*A person who truly experiences God's grace, should become increasingly willing to extend grace to others.

Matthew 7:3-4—The Speck and the Plank
*Our problem is that we become so focused on someone else's problem that we become blind to our own.
*We should be praying Psalm 139:23-24 as we ask God what changes we need to make.

Matthew 7:5—You Hypocrite
*Deal with your own problems first. Then help someone else.
*And when you help, do it gently, as you continue to watch yourself (Gal 6:1).

Matthew 7:5b—You Need to See Clearly
*Our own sin affects our vision. Self-examination matters.
*Humility makes us better at helping others.
*What we have experienced can be better understood and passed to the next person.

Matthew 7:6—Discernment Still Matters
*There are times when a person has hardened themselves, so completely against truth, that continuing to press the same thing on them is not wise.
*We need humble discernment. The Christian life requires humility and wisdom.

Matthew 7:1-6—Concluding What Jesus is Saying
*Jesus wants us to examine our hearts and ask, "What kind of person am I becoming?"
*Everything good in us comes from God's grace. What do you have that you did not receive? (Jas 4:6; 1 Co 4:7).

1. Am I more concerned about somebody else's sin than I am about my own?
Look at yourself first.
2. When I confront someone, am I trying to restore them or condemn them? Is it helpful, or hurtful?
Speak the truth in love (Eph 4:15).
3. Am I allowing God to search my heart?
Pray through Psalm 139:23-24

Look at yourself first. Then, when the time comes to help someone else, you'll be able to do it with a clearer vision, a humbler heart, and a whole lot more grace.

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